



# dr. kurt's place

a place for functional & lifestyle medicine  
Kurt Perkins DC CCWP CFMP

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Colorado Springs, CO  
80907  
719-602-4545 (Phone)  
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hello@DrKurtPerkins.com

## What to Expect

It is important to carefully read and watch all the information that was sent to you. All health information must be completed before receiving an appointment.

Our primary goal is to help you get well.

We also understand that outlining what you can expect will decrease some of the initial apprehension and get you on the road to improved health much faster.

Remember that the most important part of any medical work-up is a **thorough and detailed history**. We have carefully developed a Health History Form that will allow us to obtain the most comprehensive and detailed history possible.

Like a good CSI agent, uncovering the underlying factors that have caused or are causing your present health problem(s) is essential for getting well. That will all start with our medical questionnaire.

## Lab Records

If you have had any lab testing or imaging in the past 18 months, Dr. Kurt would like copies of those prior to your consultation with him. Medical records can only be released with your authorization. Please see Medical Release Form. Your labs should be released to:

**Kurt Perkins DC CCWP CFMP**  
**4239 N. Nevada Ave, Suite 104**  
**Colorado Springs, CO 80907**

If you already have those lab records, you can email them to [hello@drkurtperkins.com](mailto:hello@drkurtperkins.com).

## First Consultation

Please have your Health History Form and any labs to the office at **least 2 business days prior** to your consultation with Dr. Kurt.

The cost for your first consultation is **\$249.00**.

Remember, the cost of your first visit not only includes your 60 minutes with Dr. Kurt, **but more importantly covers the time it will take for the doctor to thoroughly study your Health History Form and past labs prior to your appointment.**

On your first visit with Dr. Kurt, he will have completed his review of your history and labs. This will commonly provide significant information for him to determine what to do next.

Our main objective is to carefully identify what has possibility been missed by other physicians and to give you some logical direction to help turn your health around.

The next step may require further testing consisting of **physical examination, off site lab testing, in-house nutritional testing, neurological efficiency testing and possibly other medical diagnostic testing.**

Depending on the amount of testing that has to be analyzed, this often takes Dr. Kurt 2-3 hours to go through everything to create a personalized plan for you. Fees for further testing will be discussed at this initial appointment and will vary based on insurance coverage.

## Second Consultation

Once Dr. Kurt has the results of the above testing, he will comb through the results, writing a report that will initially be emailed to you for your review, which explains the test results and outlines a plan of action. We encourage you to mark up this document with questions and need for clarification to guide the follow up visit.

This follow up is billed at \$175/hour.

## Treatment Plan

Most initial plans are 4-6 months based upon your health goals and the results of diagnostics for your personal situation. These are set up as a package of services and recommendations opposed to a per visit model that is traditional to standard health care practices. If you choose to participate in the plan, your second appointment fee will be credited to the cost of your treatment plan.

## Confirmation and Cancellation of Appointments

Due to the time Dr. Kurt spends reviewing your files prior to your appointment, there is a 2-day cancellation policy, and your appointment must be confirmed at least 2 days prior to your scheduled consultation. You may cancel your appointment by calling our office. If calling after hours, please leave a message.

## Insurance Information

We are not contracted with any insurance or Medicare and we cannot assure you that services (office visits, phone consultations or lab tests) will be reimbursed. You may be provided (upon request) with diagnosis and procedure codes to assist you with possible insurance reimbursement. Some of the lab companies we utilize do accept insurance but not all types. We can check for you.

## Getting Results

We are not your traditional doctor experience. The traditional model of healthcare is a fee for service format. This works fine in emergency situations where you have a one time immediate need. We are creating an action plan for you to regain your health. This is a process and therefore our plans to get you well are structured like an all-inclusive program.

The majority of programs are initially set up for 4-6 months. If you're not willing to commit to your health for 4 months, your results will be severely limited or we may not accept your case.

Results are based on 4 P's: Predictive, Preventative, Personalized, and Participatory. The final P (participation) is the secret to the sauce. We can test, analyze, and guide your action steps but you need to put them into action in order to get results.

## Payment Options

Our office accepts:

- Check/Cash
- Debit and All Major Credit Cards, Health Savings Accounts
- No Interest Financing Available via CareCredit Health Card



CareCredit is a credit card exclusive for healthcare services. With CareCredit, you can get a No Interest\* payment plan if paid in full within 12 month on purchases with your CareCredit card.

You can apply online at <http://www.carecredit.com>

Payment for your consultation is due on the day of service.

Please sign and date below acknowledging that you have read and understand what is expected.

**Please fax, email, or drop off your signed copy to the above listed address.**

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Name

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Date

